## Free Motion Quilting 101

## Supply List and Pre-class Instructions

- Sewing machine, foot control and cord- clean and in good working condition.
- extension table (or Sew Steady Table if you have one)
- super slider or sew slip (Teflon sheet for your machine)
- 80/12 topstitch needle
- Thread- good quality- contrasting color (no black or navy blue)
- scissors
- fabric marker
- quilting gloves
- 505 temporary spray adhesive
- Practice Quilt Squares- see below for instructions
- Free motion quilting foot of your choice

(\*bring the notions above if you have them-we have the items available to purchase at the shop at a 15% class discount if needed.)

## Before coming to class:

Please have 4 practice quilt squares -14" X 14"- put together in the following way before coming to class:

Cut 8 14" squares of muslin or fabric that you already have. Just be sure to bring a contrasting color thread so you can see your stitching.

Cut 4 14" squares of cotton batting

Layer each square with the batting in between 2 squares of muslin. Spray baste with 505 if you have it.

Please fill one bobbin.

If you have any questions, please don't hesitate to call or email the shop.

## Shoreline Sewing Machine Co. 860-388-1832 shorelinesew@gmail.com